



# EIBA Anti-Doping Guidance Note



## EIBA Anti-Doping Rules

The Association's Anti-Doping Rules are:

*"The anti-doping rules of the English Indoor Bowling Association Limited are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of the English Indoor Bowling Association Limited."*

For further guidance, the following websites are recommended for all Bowlers/Support Personnel:

The **UK Anti-Doping (UKAD)** website is aimed at all UK athletes. We encourage all Bowlers and Support Personnel (Club/County Officials, Umpires and Coaches) to use this website as their primary source of information when researching anti-doping:

[www.ukad.org.uk](http://www.ukad.org.uk)

The latest version of the **EIBA Anti-Doping Rules** can be found at:

[www.ukad.org.uk/resources/document/uk-anti-doping-rules](http://www.ukad.org.uk/resources/document/uk-anti-doping-rules)

The **World Anti-Doping Agency (WADA)** website provides general anti-doping information including the World Anti-Doping Code and the Prohibited List:

[www.wada-ama.org](http://www.wada-ama.org)

The **Global Drug Reference Online (Global DRO)** website provides Bowlers and Support Personnel with information about the prohibited status of specific substances based on the current WADA Prohibited List:

[www.globaldro.com](http://www.globaldro.com)

## Guidance for all Playing Members of Affiliated Clubs and County Associations and their Support Personnel

If a Bowler is taking medication they are encouraged to follow the simple procedures outlined below:

1. Check on the Global DRO website to see whether medication is prohibited - [www.globaldro.co.uk](http://www.globaldro.co.uk)

Copyright/Disclaimer | Privacy Policy | About Global DRO | Contact Us | Mobile Site



# EIBA Anti-Doping Guidance Note



## ONLINE HELP

Follow these simple steps to find the status of a brand or ingredient:

Click onto [www.globaldro.co.uk](http://www.globaldro.co.uk)

Choose "Nationality" and then click "Go"

Click "Drug Search"

Read the "Terms and Conditions" carefully. Click "I accept these terms" to continue. If you choose to not accept the conditions, you will not be allowed to proceed to the search page.

Select your "User Type" (e.g., Athlete, Coach, Parent, Sports Administrator).

Select our "Sport" – Bowls

Select appropriate "Nation of Purchase"

Enter a minimum of four characters of the brand name, or the active ingredient into the "Search for" box.

Click [Search].

Click [View status] on the correct brand or ingredient from the list, checking that the name on the Global DRO matches that on the label. This must be an exact match.

Print, save or email the summary page to keep for your records (or at minimum record the unique reference number).

Required fields are marked by an asterisk. This search is an [anonymous process](#) and does not gather any personal identifiers.

### Important information about search results:

- Always record your reference number!
- The in- and out-of-competition status will be shown for each ingredient contained in the brand.
- For brands containing multiple ingredients, always refer to the overall status listed at the top of the results page.
- Caution: Do not use the Global DRO to check supplement ingredients. See the FAQ for more information
- Ingredients and brands will be displayed as:

**Not Prohibited**

#### **NOT PROHIBITED**

There are no restrictions on the use of this drug in sport.

Take note of the substance's status both **in-competition** and **out-of-competition**, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.

**Prohibited**

#### **PROHIBITED**

This ingredient or brand is included on the WADA Prohibited List.

Athletes who have been diagnosed with a medical condition that requires the use of a prohibited substance may apply for a Therapeutic Use Exemption (TUE) to request permission for the use of the prohibited substance.

Take note of the substance's status both **in-competition** and **out-of-competition**, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



# EIBA Anti-Doping Guidance Note



## Sample Search:

www.globaldro.com/uk-en/search/search.aspx

Sport England - Local ... Lotto and Plus 5 Che... Active Places Power Localhost-ebawebsite runningsports Home Introducing Clubmark ...

**global DRO United Kingdom**

GLOBAL DRO HOME | UNITED KINGDOM DRO HOME | SEARCH | FAQs | HELP

**SEARCH** [Feedback](#)

In the Search field, you may enter a brand name, or an individual active ingredient.

You may enter a partial string, but make sure you match your search result carefully to the substance you are searching.

Select the "Nation of Purchase" carefully. Brands sold in different countries may contain different ingredients, leading to a different WADA Prohibited List status.

**User Type:** Sports Administrator

**Sport:** Bowls

**Nation of Purchase:** United Kingdom

**Search for:** Lisinopril

**Show:** All Results

**SEARCH**

**Important information about search results:**

- **Always record your reference number!**
- The in- and out-of-competition status will be shown for each ingredient contained in the brand.
- For brands containing multiple ingredients, always refer to the overall status listed at the top of the results page.
- Caution: Do not use the Global DRO to check supplement ingredients. See the FAQ for more information.
- Ingredients and brands will be displayed as:
  - **Not Prohibited**
  - **Prohibited**

If you cannot find your medication on Global DRO, that does NOT mean that it is permitted in sport. If you cannot find an exact match for your medication, please ask for help using the feedback icon on the top right-hand side of this page.

Do not use Global DRO to search for supplements or supplement ingredients. More information about supplements is available in the FAQs or by contacting UK Anti-Doping using the feedback icon.

**Results 1 - 1 to 1**

View	Type	Name
<a href="#">View Status</a>	Ingredient	<b>Lisinopril</b> Other Name(s): Lisinopril dihydrate

## Sample "View Status"

www.globaldro.com/uk-en/search/ingredientStatus.aspx?ngid=7588&countryid=28&sportid=1118&exact=18&searchid=5520198&userid=68&show=All&search=

Sport England - Local ... Lotto and Plus 5 Che... Active Places Power Localhost-ebawebsite runningsports Home Introducing Clubmark ...

**global DRO United Kingdom**

GLOBAL DRO HOME | UNITED KINGDOM DRO HOME | SEARCH | FAQs | HELP

**INGREDIENT STATUS** [NEW SEARCH](#)

**Ingredient:** Lisinopril  
**Other Names:** Lisinopril dihydrate

**Reference Number:** 02110082578  
**Date and Time of Search:** 23 December 2011 12:15 (UTC)

**Nation of Purchase:** United Kingdom  
**Sport:** Bowls

[Printer Friendly](#)

[View as PDF](#)

[Send to Email](#)

[Feedback](#)

**Status**

Ingredient	Route of Administration	In-Competition	Out-of-Competition
Lisinopril	Route Independent	<input checked="" type="checkbox"/> <b>Not Prohibited</b>	<input checked="" type="checkbox"/> <b>Not Prohibited</b>

**WADA Classification(s):** This ingredient is not currently included on the WADA Prohibited List.

[NEW SEARCH](#)



# EIBA Anti-Doping Guidance Note



2. **Not Prohibited** No action is required apart from printing or emailing the result to the Bowler/Support Personnel's email address for future reference.

3. **Prohibited ACTION REQUIRED:**

The Bowler should speak with their doctor to see if alternative medication is available.

If this is not an option:

a. If the Bowler is a member of the "Indoor Bowls National Registered Testing Pool" or "Indoor Bowls Domestic Pool", they will be required to obtain a Therapeutic Use Exemption (TUE) in advance of their participation in our sport.

Bowlers will be advised when they have been included in a testing pool.


b. If the Bowler is not a member of a testing pool, if necessary, they can apply for a retrospective TUE after sample collection has taken place.

Full details of the TUE procedures can be found at [www.ukad.org.uk/support-personnel/about-TUE](http://www.ukad.org.uk/support-personnel/about-TUE)


PLEASE NOTE that the onus is now on all Bowlers to check their medication. It is no longer necessary to complete a "Medical Declaration Form" or carry a copy of their latest Prescription, as have been the practices in the past.

All Bowlers/Support Personnel should also note the following websites:

### UKAD Anti-Doping Advice Card

	<p><b>Anti-Doping Advice Card</b> UK Anti-Doping produce an advice card annually in January each year. The wallet-size document provides essential information about anti-doping, including athlete anti-doping responsibilities and an overview of the sample-collection process.</p>	<p><a href="http://www.ukad.org.uk/resources/document/anti-doping-advice-card-2012">http://www.ukad.org.uk/resources/document/anti-doping-advice-card-2012</a></p>
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### World Anti-Doping Agency Prohibited List

	<p><b>Prohibited List</b> The Prohibited List is published every year by the World Anti-Doping Agency (WADA). An updated version is published on UK Anti-Doping's website every January.</p>	<p>– <a href="http://www.ukad.org.uk/news/2011-prohibited-list-published-by-the-world-anti-doping-agency">www.ukad.org.uk/news/2011-prohibited-list-published-by-the-world-anti-doping-agency</a></p>
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### Report Doping in Sport


<p><b>Report Doping Sport</b> In June 2010, UK Anti-Doping launched REPORT DOPING IN SPORT - a 24-hour confidential phone line to support the fight against doping in sport. Hosted by Crimestoppers, the phone line provides a strictly confidential service to athletes, support personal and concerned family and friends to securely pass on information to UK Anti-Doping.</p>	<p>– <a href="http://www.ukad.org.uk/pages/report-doping-in-sport">www.ukad.org.uk/pages/report-doping-in-sport</a></p>
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# EIBA Anti-Doping Guidance Note



## 100% me

	<p><b>100% me</b></p> <p>100% me supports athletes by providing guidance on key areas of anti-doping such as testing procedures, prohibited substances in sport, the importance of checking medications, anti-doping rules and regulations, along with the overarching values of doping-free sport.</p>	<p>Link: <a href="http://www.100percentme.co.uk">www.100percentme.co.uk</a></p> <p>Facebook <a href="http://www.facebook.com/100percentme.uk">www.facebook.com/100percentme.uk</a></p>
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## Social Media – Twitter and Facebook

	<p><b>Social media</b></p> <p>You can keep up-to-date with UK Anti-Doping news, either:</p> <ul style="list-style-type: none"> <li>• on Twitter; or</li> <li>• Join the 100% me community on Facebook</li> </ul>	<p>Twitter.com/ukantidoping</p> <p><a href="http://facebook.com/100percentme.uk">facebook.com/100percentme.uk</a></p>
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### EIBA Contact Details if you require any further information

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*Disclaimer - Every effort has been made to ensure the accuracy of the information contained in this guidance note. The English Indoor Bowling Association Ltd (EIBA), its servants or agents shall not at any time, in any circumstances, be held responsible or liable to any party in respect of any loss, damage or costs of any nature arising directly or indirectly from reliance placed on the material in this guidance note, or any other guidance notes issued by the EIBA. This information has been prepared as a basic guide only and should not be viewed as a substitute for obtaining comprehensive expert or professional advice.*