



EIBA Anti-Doping Guidance Note



EIBA Anti-Doping Rules

The Association's Anti-Doping Rules are:

"The anti-doping rules of the English Indoor Bowling Association Limited are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of the English Indoor Bowling Association Limited."

The **UK Anti-Doping (UKAD)** website is aimed at all UK athletes. We encourage all Bowlers and Support Personnel (Club/County Officials, Umpires and Coaches) to use this website as their primary source of information when researching anti-doping:

www.ukad.org.uk/



The latest version of the **UKAD Anti-Doping Rules** can be found at:

www.ukad.org.uk/anti-doping-rules



See additional information below.



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The **World Anti-Doping Agency (WADA)** website provides general anti-doping information including the World Anti-Doping Code and the Prohibited List: www.wada-ama.org/en



Raising the game for clean sport

04 DEC 2023

WADA publishes revised TDSSA that will come into force ...

RELEASES

27 - 29 FEB 2024

2024 Global Education Conference

EVENT

Join the Natural Training Movement 'Natural is Enough'

Global list of non-compliant signatories and applicable...

The **Global Drug Reference Online (Global DRO)** website provides Bowlers and Support Personnel with information about the prohibited status of specific substances based on the current WADA Prohibited List:

www.globaldro.com/Home



Guidance for all Playing Members of Affiliated Clubs and County Associations and their Support Personnel

If a Bowler is taking medication, they are encouraged to follow the simple procedures outlined below:

Check on the Global DRO website to see whether medication is prohibited - www.globaldro.com/UK/search



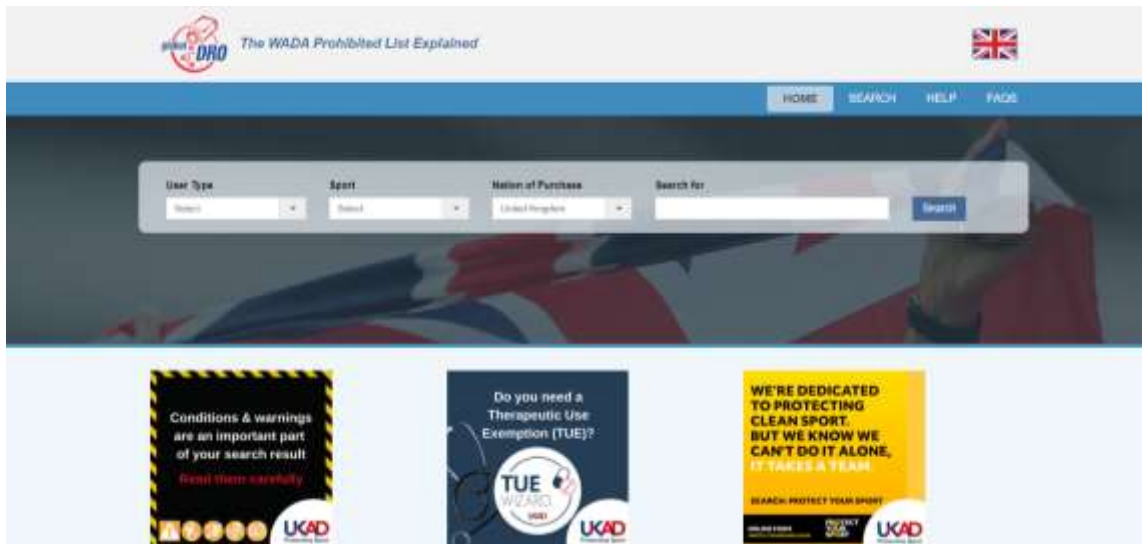
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ONLINE HELP

Follow these simple steps to find the status of a brand or ingredient:

Click onto www.globaldro.com/UK/search



Select your "User Type" (e.g., Athlete, Coach, Pharmacist, Medical Professional, Parent, Sports Administrator, Other).

Select our "Sport" – Bowls

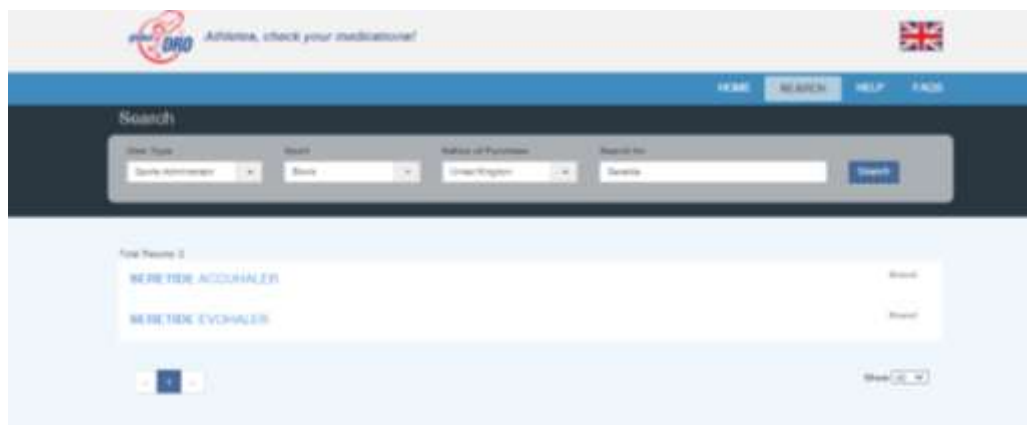
Select appropriate "Nation of Purchase"

Enter a minimum of four characters of the brand name, or the active ingredient into the "Search for" box.

Click [Search].

Read the "Terms and Conditions" carefully. Click "I accept these terms" to continue. If you choose to not accept the conditions, you will not be allowed to proceed to the search page.

Sample Search: - Seretide



Click on the correct brand or ingredient from the list, checking that the name on the Global DRO matches that on the label. This must be an exact match.

Sample "View Status"



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SERETIDE ACCUHALER

Status According to the WADA Prohibited List

**In Competition
Conditional**

Inhalation - by device
(by metered-dose inhaler)

**Out of Competition
Conditional**

Inhalation - by device
(by metered-dose inhaler)

Conditions / Warnings

- Salmeterol is not prohibited when taken by inhalation, maximum of 200 micrograms over 24 hours.
- The intravenous (IV) infusion and/or injection of more than 100mL per 12 hour period of any substance is a prohibited method, even if the substance itself is not prohibited, unless it is received while being treated at the hospital, during surgery, or during clinical diagnostic investigations. [Read More](#).

WADA Classification(s)

Beta-2 Agonists (S3) Glucocorticoids (S9)

Status of this brand's individual active ingredients

Salmeterol [View details](#)

Other Names: Salmeterol xinafoate

**In Competition
Conditional**

Inhalation - by device
(by metered-dose inhaler)

**Out of Competition
Conditional**

Inhalation - by device
(by metered-dose inhaler)

Fluticasone [View details](#)

Other Names: Fluticasone furoate; Fluticasone propionate

**In Competition
Not Prohibited**

Inhalation - by device
(by metered-dose inhaler)

**Out of Competition
Not Prohibited**

Inhalation - by device
(by metered-dose inhaler)

Search Details

Reference #	Nation of Purchase	Sport	Search Date
02225338273	United Kingdom	Bowls	Wed, 04 May 2022 14:04:00 UTC

Save as a PDF, Print or email the summary page to keep for your records - record the unique reference number.



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Important information about search results:

- Always record your reference number!
- The “in-competition” and “out-of-competition” status will be shown for each ingredient contained in the brand.
- For brands containing multiple ingredients, always refer to the overall status listed at the top of the results page.
- Caution: Do not use the Global DRO to check supplement ingredients. See the FAQ for more information about the results of the Search - www.globaldro.com/UK/search/FAQ
- Ingredients and brands will be displayed as shown in example below :



In Competition

The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.

Not Prohibited

Subject to the conditions / warnings shown in the search result, there are no restrictions on the use of this ingredient or brand according to the current WADA Prohibited List.

Take note of the substance’s status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



Out of Competition

Any period which is not in-competition.

Not Prohibited

Subject to the conditions / warnings shown in the search result, there are no restrictions on the use of this ingredient or brand according to the current WADA Prohibited List.

Take note of the substance’s status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



In Competition

The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.

Conditional

This ingredient or brand is prohibited in certain circumstances.

Please read the “Conditions / Warnings” carefully to understand the conditions under which this ingredient is prohibited and not prohibited.



Out of Competition

Any period which is not in-competition.

Conditional

This ingredient or brand is prohibited in certain circumstances.

Please read the “Conditions / Warnings” carefully to understand the conditions under which this ingredient is prohibited and not prohibited.



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In Competition

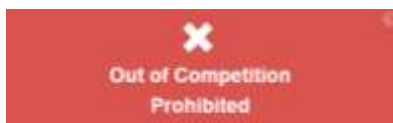
The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.

Prohibited

This ingredient or brand is included on the WADA Prohibited List.

Athletes who have been diagnosed with a medical condition that requires the use of a prohibited substance may apply for a [Therapeutic Use Exemption \(TUE\)](#) to request permission for the use of the prohibited substance.

Take note of the substance's status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



Out of Competition

Any period which is not in-competition.

Prohibited

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TUE PROCEDURE

See FAQ's – www.globaldro.com/UK/search/FAQ

I have checked my medication and it is prohibited. What do I need to do now?

If the medication you are looking to take is prohibited, you may need to apply for a Therapeutic Use Exemption (TUE). Consult the TUE Wizard on the UK Anti-Doping website (<https://www.ukad.org.uk/tue-wizard>) for more information about the TUE process.

Do you need a Therapeutic Use Exemption (TUE)?

It is an athlete's responsibility to be aware of, and understand, the TUE process and requirements that apply to them.

These requirements will vary depending on the athlete's medication, their sport, and their competition level.

Use our TUE Wizard to determine whether, when and how to apply for a TUE.

Make sure to press submit once you have finished using the Wizard to generate a report of your search. We recommend you keep a copy of your Wizard search results should they be needed to demonstrate the checks you have made and when you last made them.

TUE Wizard

Disclaimer

The Therapeutic Use Exemption Wizard (the Wizard) is a tool designed to guide individuals through the requirements for Therapeutic Use Exemptions (TUE) and is subject to the UKAD General Privacy Notice and the UKAD Cookie Policy. However, please note the Wizard is merely a guide to assist athletes and it remains each athlete's individual responsibility to actively check and verify their TUE requirements regularly. UKAD cannot be held liable for errors in results including, but not limited to, those occurring due to the input of incorrect information into the Wizard or for the misinterpretation of the results provided by the Wizard.

The results provided by the Wizard will reflect changes to the relevant rules and guidance, including the World Anti-Doping

Agree to Terms and Conditions

Next



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Answer the following questions:

1. Have you checked the status of your medication on Global DRO?

Please note, as the Prohibited List is updated annually, you should recheck the status of any medication you continue to use on Global DRO at the start of each calendar year.

2. Does your medication contain a prohibited substance or is your treatment considered to be a prohibited method?
3. Do alternative permitted medications exist that are suitable to treat your medical condition?

It is an athlete's responsibility to check with their doctor if they could use an alternative medication or treatment that is permitted within sport.

If you have already started the treatment in a medical emergency, then please click 'No' to proceed with the Wizard and find out if you need to apply for a TUE.

Answer of "YES"

If in consultation with your doctor suitable permitted alternatives do exist, please use this permitted treatment instead. A TUE will not be required for use of the permitted substance. Enter your email address if you would like your TUE Wizard Search Results sent to you

Answer of "NO"

*After consultation with your doctor, you can confirm that no permitted alternatives exist, or that a trial of permitted alternatives was unsuccessful **takes you to Q4.***

4. Are you included within the UKAD National TUE Pool?

Please check [here](#) to find out whether you are included within the National TUE Pool for your sport.

www.ukad.org.uk/national-tue-pool#national_tool_search

If you are unable to find your sport from the list, please email tue@ukad.org.uk and provide us with details of your sport, level of competition, medication and diagnosis.

Extract as at 5.12.23 for "BOWLS"

https://www.ukad.org.uk/national-tue-pool#national_tool_search

National TUE Pool

Athletes defined by UKAD as being within the National TUE Pool of their sport are required to apply for and obtain a TUE before using a prohibited medication or method.

International level athletes, as defined by their International Federation, are required to apply directly to their International Federation for any TUE required.

Exceptions to obtaining a TUE in advance of starting treatment

TUE requests for athletes in the National TUE Pool should be submitted to UKAD for review before starting treatment.

Only in the following circumstances should treatment begin without TUE approval:

1. *Emergency or urgent situations (e.g. allergic reaction, exacerbation of asthma, onset of bell's palsy, surgery, admission to A&E). In such circumstances, a TUE application should be submitted to UKAD as soon as possible.*
2. *In instances whereby an athlete has started treatment prior to reaching a competition level that warrants inclusion in the National TUE Pool. Such athletes should apply for a TUE as soon as they advance to a competition level that is included within the National TUE Pool for their sport.*
3. *Athletes who require the use of a glucocorticoid by local injection. In this instance, athletes are only required to apply for a retroactive TUE if they are subject to doping control in-competition and they subsequently return an Adverse Analytical Finding (AAF) for the presence of that glucocorticoid. Please refer to our [Glucocorticoid TUE Policy](#) for more information.*



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Retroactive TUE Procedure

Athletes who are not defined to be within the National TUE Pool for their sport do not need to be in possession of a valid TUE prior to commencing treatment with a prohibited substance or method. However, such athletes should check with their prescribing doctor prior to starting treatment that:

- the need to use the prohibited substance or method is necessary to treat the diagnosed medical condition
- the diagnosis is supported by relevant clinical evidence such as investigations, clinical examinations, and/or test results
- no permitted alternatives exist (the status of other possible treatment options can be assessed using [Global DRO](#)).

Athletes have five working days to make a retroactive TUE application to UKAD following the receipt of an AAF. (Adverse analytical finding)

National TUE Pool Search

Athletes can check below to find out if they are included within the National TUE Pool for their sport.

Please note that para-sports are listed separately from their able-body counterparts when the sports are governed by different National Governing Bodies (e.g., basketball and wheelchair basketball). Para and able-bodied sports are grouped together as one sport when governed by the same National Governing Body (e.g., athletics).

Athletes who are not defined to be within the National TUE Pool for their sport nor are international level should follow UKAD's retroactive TUE procedure outlined above.

BOWLS Information:

Sport

1. Players competing in International Events as listed by World Bowls*

*Athletes who are included in the World Bowls Registered International Testing Pool and/or are due to compete in a World Bowls International Event should apply directly to World Bowls [here](#).

PLEASE NOTE that the onus is now on all Bowlers to check their medication. It is no longer necessary to complete a "Medical Declaration Form" or carry a copy of their latest Prescription, as have been the practices in the past.

All Bowlers/Support Personnel should also note the following websites and additional information:

- **World Anti-Doping Agency Prohibited List**
- **100% me**
- **UKAD Website - MEDICINE**
- **UKAD Website: ANTI-DOPING RULES**



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[UKAD Website - MEDICINE](#)

www.ukad.org.uk/athletes/medicine



Checking Your Medication

www.ukad.org.uk/checking-medications

Do you need a TUE?

www.ukad.org.uk/tue-decision-tree-article

National TUE Pool

www.ukad.org.uk/national-tue-pool

How to apply for a Therapeutic Use Exemption (TUE)

www.ukad.org.uk/tue-application

What happens after your TUE has been submitted?

www.ukad.org.uk/tue-submission

Special Topics

www.ukad.org.uk/special-topics

UKAD has produced specific guidelines and resources (listed alphabetically below) for a number of common medical conditions requiring a Therapeutic Use Exemption (TUE).

Athletes who are applying for a TUE for one of the medical conditions below must complete the relevant application form and fulfil all requirements outlined in the relevant guidance documents.

[Adrenaline Auto-Injectors](#)

[Asthma](#)

[ADHD](#)

[Diabetes](#)

[Emergency Medications](#)

[Glucocorticoids](#)

[Hay Fever](#)

[Tramadol](#)



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[UKAD Website: ANTI-DOPING RULES](#)

www.ukad.org.uk/anti-doping-rules

The Anti-Doping Rules

Just as each sport has rules to determine how it is played or performed, there are Anti-Doping Rules in place to protect [clean sport](#).

Hyperlink - www.ukad.org.uk/introduction-clean-sport



Doping is defined in the [World Anti-Doping Code](#) as the occurrence of one or more of the Anti-Doping Rule Violations.

Hyperlink - www.wada-ama.org/en/resources/world-anti-doping-program/world-anti-doping-code



It's much more than a positive test.

You will find the current UK Anti-Doping Rules below.



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Athletes & Support Personnel

<https://www.ukad.org.uk/athlete-support-personnel>

The screenshot shows the UKAD website navigation menu with 'Athletes & Support Personnel' selected. The main content area is divided into three columns:

- Introduction to...**
 - Clean Sport - Why Clean Sport Matters
 - Testing
- Athletes**
 - What's banned in sport - the Prohibited List
 - The Testing Process
 - Medicine and TUE Hub
 - Search Check Apply
 - Supplements Hub
 - Whitewashes
 - Athletes - Rights and Responsibilities
 - 100% me
- Support Personnel**
 - Athlete Support Personnel
 - Coaches
 - Parents, Carers or Guardians

The facts - what you need to know about the 11 Anti-Doping Rule Violations

<https://www.ukad.org.uk/violations>

The screenshot shows the UKAD website navigation menu with 'Violations' selected. Below the menu, the breadcrumb 'UKAD > Violations' is visible.

Violations

Rules to Protect Clean Sport

UK Anti-Doping is responsible for testing, investigations and results management for the determination of Anti-Doping Rule Violations (ADRVs).

Education

The screenshot shows the UKAD website navigation menu with 'Education' selected. The main content area is divided into three columns:


- Education**
 - Clean Sport Hub
 - Clean Sport Higher Education Partnership
- 100% me**
 - Resources for Schools, Colleges and Universities
- Major Games Education Programme**





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World Anti-Doping Agency Prohibited List

	<p>Prohibited List The Prohibited List is published every year by the World Anti-Doping Agency (WADA).</p>	<p>www.wada-ama.org/en/prohibited-list</p>
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100% me

	<p>100% me 100% me is just for athletes. It's our education and information programme to help you throughout your sporting journey. We want all athletes to be able to say, it's '100% me'. It's what's inside that counts!</p>	<p>www.ukad.org.uk/100-me</p>
	<p>Download the 100% me Clean Sport App for everything you need to know about clean sport in one place.</p>	<p>Apple - App Store Google Play</p>

Protect Your Sport

	<p>www.ukad.org.uk/protect-your-sport</p> <p>Protect Your Sport Protecting clean sport depends on everyone in sport playing their part to maintain a level playing field. We know we can't do it alone. It takes a team. Clean competition rests on athletes, parents and support staff having the know-how to speak out when something's wrong within sport - no matter how small the information may seem. Protect Your Sport from those who seek to cheat.</p>
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EIBA Contact Details if you require any further information

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Disclaimer - Every effort has been made to ensure the accuracy of the information contained in this guidance note. The English Indoor Bowling Association Ltd (EIBA), its servants or agents shall not at any time, in any circumstances, be held responsible or liable to any party in respect of any loss, damage or costs of any nature arising directly or indirectly from reliance placed on the material in this guidance note, or any other guidance notes issued by the EIBA. This information has been prepared as a basic guide only and should not be viewed as a substitute for obtaining comprehensive expert or professional advice.