



# EIBA Anti-Doping Guidance Note



## EIBA Anti-Doping Rules

The Association's Anti-Doping Rules are:

*"The anti-doping rules of the English Indoor Bowling Association Limited are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of the English Indoor Bowling Association Limited."*

The **UK Anti-Doping (UKAD)** website is aimed at all UK athletes. We encourage all Bowlers and Support Personnel (Club/County Officials, Umpires and Coaches) to use this website as their primary source of information when researching anti-doping:

[www.ukad.org.uk/](http://www.ukad.org.uk/)

The latest version of the **UKAD Anti-Doping Rules** can be found at: [www.ukad.org.uk/anti-doping-rules](http://www.ukad.org.uk/anti-doping-rules)

See additional information below.



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The **World Anti-Doping Agency (WADA)** website [www.wada-ama.org/en](http://www.wada-ama.org/en) provides general anti-doping information including the

- **World Anti-Doping Code** - [www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/world-anti-doping-code](http://www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/world-anti-doping-code)

The World Anti-Doping Code (Code) is the core document that harmonizes anti-doping policies, rules and regulations within sport organizations and among public authorities around the world. It works in conjunction with eight International Standards which aim to foster consistency among anti-doping organizations in various areas.

The Code was first published by the World Anti-Doping Agency in 2003. Prior to 2003, there was no one standardized set of rules for all sports and countries.

- **Prohibited List** - [www.wada-ama.org/en/prohibited-list](http://www.wada-ama.org/en/prohibited-list) (*The List of Prohibited Substances and Methods (List) indicates what substances and methods are prohibited in sport and when*)
- **2026 Prohibited List** - [www.ukad.org.uk/news/2026-prohibited-list-summary-changes](http://www.ukad.org.uk/news/2026-prohibited-list-summary-changes)

The World Anti-Doping Agency (WADA) has recently released the **2026 Prohibited List** (the List), which details the substances and methods that are banned within sport. Broken down into several categories, the List identifies which substances and methods are prohibited at all times, in-competition only, and within specific sports.

Following consultation with stakeholders, WADA published the 2026 List on 24 September 2025. This gives athletes and their support personnel sufficient time to make themselves aware of the changes, review any medications they use, and apply for a Therapeutic Use Exemption (TUE) if required before the updated List comes into effect on 1 January 2026.

The **Global Drug Reference Online (Global DRO)** website provides Bowlers and Support Personnel with information about the prohibited status of specific substances based on the current WADA Prohibited List:

[www.globaldro.com/Home](http://www.globaldro.com/Home)

**global DRO** The WADA Prohibited List in Action!

CHOOSE YOUR SPORT NATIONALITY

Canada United Kingdom United States Switzerland Japan Australia New Zealand Other

The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

Global DRO does not contain information on, or that applies to, any dietary supplements.

Visitors can search the Global DRO for specific information on products sold in Australia, Canada, Japan, New Zealand, Switzerland, the United Kingdom, and the United States.

Global DRO is brought to you through a partnership between the Canadian Centre for Ethics in Sport (CCES), Swiss Sport Integrity (SSI), UK Anti-Doping (UKAD), and the United States Anti-Doping Agency (USADA). Drug-Free Sport New Zealand (DFSNZ), the Japan Anti-Doping Agency (JADA) and Sport Integrity Australia are official Global DRO licensees.



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## Guidance for all Playing Members of Affiliated Clubs and County Associations and their Support Personnel

If a Bowler is taking medication, they are encouraged to follow the simple procedures outlined below:

Check on the Global DRO website to see whether medication is prohibited - [www.globaldro.com/UK/search](http://www.globaldro.com/UK/search)

### ONLINE HELP

Follow these simple steps to find the status of a brand or ingredient:

Click onto [www.globaldro.com/UK/search](http://www.globaldro.com/UK/search)

Select your "User Type" (e.g., Athlete, Coach, Pharmacist, Medical Professional, Parent, Sports Administrator, Other).

Select our "Sport" – Bowls

Select appropriate "Nation of Purchase"

Enter a minimum of four characters of the brand name, or the active ingredient into the "Search for" box.

Click [Search].

Read the "Terms and Conditions" carefully. Click "I accept these terms" to continue. If you choose to not accept the conditions, you will not be allowed to proceed to the search page.

**Sample Search:** - Seretide



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Click on the correct brand or ingredient from the list, checking that the name on the Global DRO matches that on the label. This must be an exact match.

## Sample “View Status”

### SERETIDE ACCUHALER

Status According to the WADA Prohibited List

**In Competition Conditional**

Inhalation - by device  
(by metered-dose inhaler)

**Out of Competition Conditional**

Inhalation - by device  
(by metered-dose inhaler)

Conditions / Warnings

**Warning** Salmeterol is not prohibited when taken by inhalation, maximum of 200 micrograms over 24 hours.

**Warning** The intravenous (IV) infusion and/or injection of more than 100mL per 12 hour period of any substance is a prohibited method, even if the substance itself is not prohibited, unless it is received while being treated at the hospital, during surgery, or during clinical diagnostic investigations. [Read More](#)

WADA Classification(s)

Beta-2 Agonists (S3) Glucocorticoids (S6)

Status of this brand's individual active ingredients

**Salmeterol** [View details](#)

Other Names: Salmeterol xinafoate

**In Competition Conditional**

Inhalation - by device  
(by metered-dose inhaler)

**Out of Competition Conditional**

Inhalation - by device  
(by metered-dose inhaler)

**Fluticasone** [View details](#)

Other Names: Fluticasone furoate; Fluticasone propionate

**In Competition Not Prohibited**

Inhalation - by device  
(by metered-dose inhaler)

**Out of Competition Not Prohibited**

Inhalation - by device  
(by metered-dose inhaler)

Search Details

Reference #	Nation of Purchase	Sport	Search Date
02225338273	United Kingdom	Bowls	Wed, 04 May 2022 14:04:00 UTC

Options

New Search [GO](#)

[View as PDF](#)

[Ask a Question](#)  
substance@ukad.org.uk

Save as a PDF, Print or email the summary page to keep for your records - record the unique reference number.





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## Important information about search results:

- Always record your reference number!
- The “in-competition” and “out-of-competition” status will be shown for each ingredient contained in the brand.
- For brands containing multiple ingredients, always refer to the overall status listed at the top of the results page.
- Caution: Do not use the Global DRO to check supplement ingredients. See the FAQ for more information about the results of the Search - [www.globaldro.com/UK/search/FAQ](http://www.globaldro.com/UK/search/FAQ)
- Ingredients and brands will be displayed as shown in example below :



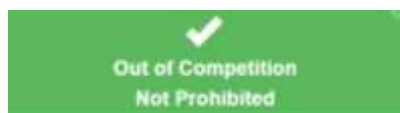
### In Competition

The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.

### Not Prohibited

Subject to the conditions / warnings shown in the search result, there are no restrictions on the use of this ingredient or brand according to the current WADA Prohibited List.

Take note of the substance’s status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



### Out of Competition

Any period which is not in-competition.

### Not Prohibited

Subject to the conditions / warnings shown in the search result, there are no restrictions on the use of this ingredient or brand according to the current WADA Prohibited List.

Take note of the substance’s status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.



### In Competition

*The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.*

### Conditional

*This ingredient or brand is prohibited in certain circumstances.*

*Please read the “Conditions / Warnings” carefully to understand the conditions under which this ingredient is prohibited and not prohibited.*



### Out of Competition

*Any period which is not in-competition.*

### Conditional

*This ingredient or brand is prohibited in certain circumstances.*

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# EIBA Anti-Doping Guidance Note



## In Competition

*The period commencing at 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate through the end of such competition and the sample collection process related to such competition.*

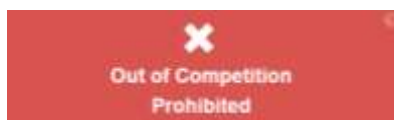
## Prohibited

*This ingredient or brand is included on the WADA Prohibited List.*

*Athletes who have been diagnosed with a medical condition that requires the use of a prohibited substance may apply for a [Therapeutic Use Exemption \(TUE\)](#) to request permission for the use of the prohibited substance.*

*Go to: [www.ukad.org.uk/medicine](http://www.ukad.org.uk/medicine)*

*Take note of the substance's status both in-competition and out-of-competition, as they may differ depending on how the substance is classified on the Prohibited List. See the FAQ for more information.*



## Out of Competition

*Any period which is not in-competition.*

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## TUE PROCEDURE

See FAQ's – [www.globaldro.com/UK/search/FAQ](http://www.globaldro.com/UK/search/FAQ)

***I have checked my medication and it is prohibited. What do I need to do now?***

***If the medication you are looking to take is prohibited, you may need to apply for a Therapeutic Use Exemption (TUE). Consult the TUE Wizard on the UK Anti-Doping website (<https://www.ukad.org.uk/tue-wizard>) for more information about the TUE process.***

### **Do you need a TUE?**

It is an athlete's responsibility to be aware of, and understand, the TUE process and requirements that apply to them.

These requirements will vary depending on the athlete's medication, their sport, and their competition level.

Use our TUE Wizard to determine whether, when and how to apply for a TUE.

Make sure to press submit once you have finished using the Wizard to generate a report of your search. We recommend you keep a copy of your Wizard search results should they be needed to demonstrate the checks you have made and when you last made them.

### **TUE Wizard**

#### **Disclaimer**

The Therapeutic Use Exemption Wizard ('the Wizard') is a tool designed to guide individuals through the requirements for Therapeutic Use Exemptions ('TUE') and is subject to the UKAD General Privacy Notice and the UKAD Cookie Policy. However, please note the Wizard is merely a guide to assist athletes and it remains each athlete's individual responsibility to actively check and verify their TUE requirements regularly. UKAD cannot be held liable for errors in results including, but not limited to, those occurring due to the input of incorrect information into the Wizard or for the misinterpretation of the results provided by the Wizard.

The results provided by the Wizard will reflect changes to

☐ Agree to Terms and Conditions

Next



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Answer the following questions:

1. Have you checked the status of your medication on Global DRO?

*Please note, as the Prohibited List is updated annually, you should recheck the status of any medication you continue to use on Global DRO at the start of each calendar year.*

2. Does your medication contain a prohibited substance or is your treatment considered to be a prohibited method?
3. Do alternative permitted medications exist that are suitable to treat your medical condition?

*It is an athlete's responsibility to check with their doctor if they could use an alternative medication or treatment that is permitted within sport.*

*If you have already started the treatment in a medical emergency, then please click 'No' to proceed with the Wizard and find out if you need to apply for a TUE.*

## **Answer of "YES"**

*If in consultation with your doctor suitable permitted alternatives do exist, please use this permitted treatment instead. A TUE will not be required for use of the permitted substance. Enter your email address if you would like your TUE Wizard Search Results sent to you*

## **Answer of "NO"**

*After consultation with your doctor, you can confirm that no permitted alternatives exist, or that a trial of permitted alternatives was unsuccessful **takes you to Q4.***

4. Are you included within the UKAD National TUE Pool?

*Please check [here](#) to find out whether you are included within the National TUE Pool for your sport.*

[www.ukad.org.uk/national-tue-pool#national\\_tool\\_search](https://www.ukad.org.uk/national-tue-pool#national_tool_search)

*If you are unable to find your sport from the list, please email [tue@ukad.org.uk](mailto:tue@ukad.org.uk) and provide us with details of your sport, level of competition, medication and diagnosis.*

## **Extract as at 28.10.25 for "BOWLS"**

[https://www.ukad.org.uk/national-tue-pool#national\\_tool\\_search](https://www.ukad.org.uk/national-tue-pool#national_tool_search)

### **National TUE Pool**

*The timing of when an athlete needs to apply for a [TUE](#) and who they need to apply to is based on their sport and competition level. The National TUE Pool sets out which athletes are required to apply for and obtain a TUE in advance of starting treatment with a prohibited medication or method (unless any of the exceptional circumstances listed below apply).*

### **[Exceptions to obtaining a TUE in advance of starting treatment](#)**

*Only in the following circumstances should treatment begin in advance of obtaining a TUE:*

1. *Emergency or urgent situations (e.g., allergic reaction, exacerbation of asthma, onset of bell's palsy, surgery, admission to A&E). In such circumstances, a TUE application should be submitted to UKAD as soon as possible.*
2. *When an athlete has started treatment prior to reaching a competition level that is included within the National TUE Pool. Such athletes should apply for a TUE as soon as they advance to a competition level that is included within the National TUE Pool for their sport.*
3. *Athletes who require the use of a glucocorticoid by local injection. In this instance, athletes are only required to apply for a retroactive TUE if they are subject to doping control in-competition and they subsequently return an Adverse Analytical Finding (AAF) for the presence of that glucocorticoid. Please refer to our [Glucocorticoid TUE Policy](#) for more information.*



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## **National TUE Pool Athletes**

Athletes who are considered within UKAD's National TUE Pool are required to apply for and obtain a TUE in advance of starting treatment with UKAD. Athletes should use the search function below to find out if they are included within the National TUE Pool.

## **International-Level Athletes**

Athletes defined by their International Federation as being an International-Level Athlete are required to obtain a TUE in advance of starting treatment and should apply directly to their International Federation.

Note: Athletes who are considered within the National TUE Pool and an International-Level Athlete should apply to their International Federation.

## **All Other Athletes**

Athletes who are not included within the National TUE Pool nor are defined as being an International-Level Athlete do not need to obtain a TUE in advance of starting treatment but instead should follow the retroactive TUE procedure outlined below.

### Retroactive TUE Procedure

Athletes who are not included within the National TUE Pool and are not considered an International-Level Athlete do not need to obtain a TUE in advance of starting treatment, but instead are required to apply for a retroactive TUE if they are drug tested. Such athletes should check with their prescribing doctor before starting treatment that:

- A. The need to use the prohibited substance or method is necessary to treat the diagnosed medical condition.
- B. The diagnosis is supported by relevant clinical evidence such as investigations, clinical examinations, and/or test results.
- C. No permitted alternatives exist (the status of other possible treatment options can be assessed using [Global DRO](#)).

Athletes have five working days to submit a retroactive TUE application after receiving written notification from UKAD that they have returned an AAF (a positive test result).

## **Search the National TUE Pool**

Athletes can search the list below to find out if they are included within the National TUE Pool.

Notes: Para-sports are listed separately from their non-disabled counterparts when the sports are governed by different National Governing Bodies (e.g., basketball and wheelchair basketball). Para and non-disabled sports are grouped together as one sport when governed by the same National Governing Body (e.g., athletics).

If an athlete's sport is not listed within the National TUE Pool, they should contact their National Governing Body to find out about the TUE requirements for their sport.

1. National Senior Squads for England, Scotland and Wales (Men's and Women's)
2. Players competing at the 2026 Commonwealth Games\*

\*Players who are selected to represent England, Northern Ireland, Scotland or Wales at the 2026 Commonwealth Games (and are not already in the National TUE Pool) are required to apply for TUEs for acute and chronic medical conditions as soon as their selection is confirmed.

NB. Athletes who are included in the World Bowls Registered International Testing Pool and/or are due to compete in a World Bowls International Event should [apply directly to World Bowls](#).

**PLEASE NOTE** that the onus is now on all Bowlers to check their medication. It is no longer necessary to complete a "Medical Declaration Form" or carry a copy of their latest Prescription, as have been the practices in the past.





# EIBA Anti-Doping Guidance Note



All Bowlers/Support Personnel should also note the following websites and additional information:

- World Anti-Doping Agency Prohibited List – see above
- 100% me – see above
- UKAD Website - MEDICINE
- UKAD Website: ANTI-DOPING RULES

[UKAD Website - MEDICINE](#)

[www.ukad.org.uk/athletes/medicine](http://www.ukad.org.uk/athletes/medicine)



Checking Your Medication

[www.ukad.org.uk/checking-medications](http://www.ukad.org.uk/checking-medications)

Do you need a TUE?

[www.ukad.org.uk/tue-decision-tree-article](http://www.ukad.org.uk/tue-decision-tree-article)

National TUE Pool

[www.ukad.org.uk/national-tue-pool](http://www.ukad.org.uk/national-tue-pool)

How to apply for a Therapeutic Use Exemption (TUE)

[www.ukad.org.uk/tue-application](http://www.ukad.org.uk/tue-application)

What happens after your TUE has been submitted?

[www.ukad.org.uk/tue-submission](http://www.ukad.org.uk/tue-submission)

Special Topics

[www.ukad.org.uk/special-topics](http://www.ukad.org.uk/special-topics)

*UKAD has produced specific guidelines and resources (listed alphabetically below) for a number of common medical conditions requiring a Therapeutic Use Exemption (TUE).*

*Athletes who are applying for a TUE for one of the medical conditions below must complete the relevant application form and fulfil all requirements outlined in the relevant guidance documents.*

[Adrenaline Auto-Injectors](#)

[Asthma](#)

[ADHD](#)

[Diabetes](#)

[Emergency Medications](#)

[Glucocorticoids](#)

[Hay Fever](#)

[Tramadol](#)



# EIBA Anti-Doping Guidance Note



## [UKAD Website: ANTI-DOPING RULES](http://www.ukad.org.uk/anti-doping-rules)

[www.ukad.org.uk/anti-doping-rules](http://www.ukad.org.uk/anti-doping-rules)

### The Anti-Doping Rules

Just as each sport has rules to determine how it is played or performed, there are Anti-Doping Rules in place to protect [clean sport](#).

Hyperlink - [www.ukad.org.uk/introduction-clean-sport](http://www.ukad.org.uk/introduction-clean-sport)



Doping is defined in the [World Anti-Doping Code](#) as the occurrence of one or more of the Anti-Doping Rule Violations.

Hyperlink - [www.wada-ama.org/en/resources/world-anti-doping-program/world-anti-doping-code](http://www.wada-ama.org/en/resources/world-anti-doping-program/world-anti-doping-code)



It's much more than a positive test.

You will find the current UK Anti-Doping Rules below.



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## Athletes & Support Personnel

<https://www.ukad.org.uk/athlete-support-personnel>



[Clean Sport Hub](#) [Report Doping](#)

[About](#) [Athletes & Support Personnel](#) [Education](#) [Violations](#) [News](#)

UKAD → Athlete Support Personnel

## Athlete Support Personnel

# Clean Sport

## The facts - what you need to know about the 11 Anti-Doping Rule Violations

<https://www.ukad.org.uk/violations>

[About](#) [Athletes & Support Personnel](#) [Education](#) [Violations](#) [News](#)

UKAD → Violations

## Violations

# Rules to Protect Clean Sport

UK Anti-Doping is responsible for testing, investigations and results management for the determination of Anti-Doping Rule Violations (ADRVs).

## Education



[Clean Sport Hub](#) [Protect Your Sport](#)

[About](#) [Athletes & Support Personnel](#) [Education](#) [Violations](#) [News](#)

[→ Education](#)  
Clean Sport Hub  
Clean Sport Higher Education Partnership

100% me  
Resources for Schools, Colleges and Universities


Major Games Education Programme





# EIBA Anti-Doping Guidance Note




## World Anti-Doping Agency Prohibited List

	<b>Prohibited List</b> The Prohibited List is published every year by the World Anti-Doping Agency (WADA).	<a href="http://www.wada-ama.org/en/prohibited-list">www.wada-ama.org/en/prohibited-list</a>
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## 100% me

	<b>100% me</b> 100% me is just for athletes. It's our education and information programme to help you throughout your sporting journey.  We want all athletes to be able to say, it's '100% me'.  It's what's inside that counts!	<a href="http://www.ukad.org.uk/100-me">www.ukad.org.uk/100-me</a>
	<b>Download the 100% me Clean Sport App</b> for everything you need to know about clean sport in one place.	<a href="https://apps.apple.com/gb/app/100-me-clean-sport/id1041111111">Apple - App Store</a>

## Protect Your Sport

	<a href="http://www.ukad.org.uk/protect-your-sport">www.ukad.org.uk/protect-your-sport</a> <b>Protect Your Sport</b> Protecting clean sport depends on everyone in sport playing their part to maintain a level playing field. We know we can't do it alone. It takes a team.  Clean competition rests on athletes, parents and support staff having the know-how to speak out when something's wrong within sport - no matter how small the information may seem.  Protect Your Sport from those who seek to cheat.
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## EIBA Contact Details if you require any further information

EIBA Headquarters – Tel: 01664 481900

Chief Executive – Peter Thompson

e-mail: [PeterThompson@eiba.co.uk](mailto:PeterThompson@eiba.co.uk)

Mobile: 07852 282998

Development Executive – Stephen Rodwell

e-mail: [SteveRodwell@eiba.co.uk](mailto:SteveRodwell@eiba.co.uk)

Mobile: 07831 284748

Updated 28<sup>th</sup> October 2025

*Disclaimer - Every effort has been made to ensure the accuracy of the information contained in this guidance note. The English Indoor Bowling Association Ltd (EIBA), its servants or agents shall not at any time, in any circumstances, be held responsible or liable to any party in respect of any loss, damage or costs of any nature arising directly or indirectly from reliance placed on the material in this guidance note, or any other guidance notes issued by the EIBA. This information has been prepared as a basic guide only and should not be viewed as a substitute for obtaining comprehensive expert or professional advice.*