

# ENGLISH INDOOR BOWLING ASSOCIATION LTD



## EIBA BURSARY GUIDANCE NOTES



December 2017

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# What is an EIBA Bursary?

The EIBA has 4 different types of Bursaries

1. Coaching
2. Play Bowls Activator Module
3. Working with Disabled People in Bowls
4. Safeguarding

## 1. Coaching

The EIBA recognises the importance of coaching to players at all levels and in particular to new bowlers coming into the sport. Therefore, it has introduced the EIBA Coaching Bursary to assist existing coaches and potential coaches in obtaining a Coach Bowls Qualification.



### What is Coach Bowls?

Coach Bowls is the Coaching System developed by the Bowls Development Alliance (BDA) on behalf of the EIBA and Bowls England to meet the needs of players and coaches at all levels. Coach Bowls is the only bowls coaching system supported and funded by the EIBA.



### “Coach Bowls” Qualifications

The Qualifications are delivered in partnership with 1<sup>st</sup> 4 Sport Qualifications (Awarding Body) and gives an externally accredited Nationally recognised qualification (regulated by Ofqual).

- “Coach Bowls” Qualification Level 1
- “Coach Bowls” Qualification Level 2

### “Coach Bowls” Qualification Level 1

This qualification is delivered in partnership with 1<sup>st</sup> 4 Sport Qualifications (Awarding Body) and gives an externally accredited Nationally recognised qualification (regulated by Ofqual). It is also the only Nationally Recognised Level 1 Qualification for the sport of Bowls in England and is wholly supported by Bowls England and EIBA Ltd.

The Level 1 is a vocationally related qualification that provides learners with an opportunity to study and be assessed on both the practical and theoretical aspects of coaching bowls to groups of beginner adults and children in an appropriate environment.

The knowledge gained from this award will enable learners to develop an understanding of safe, ethical and effective bowls coaching. It will also allow Level 1 Bowls coaches who are aged 18+ to independently deliver four taster sessions to beginners as part of the Play Bowls 4 Fun programme.

The course takes 2 days to complete including completion of a portfolio and an assessment.

Bursaries for coaches from Bowls England and EIBA Ltd affiliated clubs are available.

The topics covered on the course are:

- Introduction to the Roles and Responsibilities of the Level 1 Bowls Coaching Assistant and the role of a Participation Programme Facilitator
- Safeguarding and Protecting Children and Adults at Risk
- Health, Safety, Accidents and emergencies
- Effective Communication. Coaching and Learning
- Planning and Evaluation Bowls Coaching sessions
- Coaching a Beginner
- Warm ups
- Working with the Jack
- Working with the bowl
- Introducing Basic shots
- Cool downs

The cost of the course is **£130**

## “Coach Bowls” Qualification Level 2

This qualification is delivered in partnership with 1<sup>st</sup> 4 Sport Qualifications (Awarding Body) and gives an externally accredited Nationally recognised qualification (regulated by Ofqual). It is also the only Nationally Recognised Qualification for the sport of Bowls in England and is wholly supported by Bowls England and EIBA Ltd.

The qualification will support coaches to effectively PLAN and DELIVER series of structured sessions to bowlers from beginner stages through to competitive club players. It puts the bowler at the centre of all developments and concentrates not just on what to coach but on how to get the best from the people you are working with.

The course takes 5 days to complete in total followed by the completion of a portfolio and an assessment.

Bursaries for coaches from Bowls England and EIBA Ltd affiliated clubs are available.

The topics covered on the course are:

- Roles and Responsibilities of a Coach
- Coaching and Learning
- Communication
- Safeguarding Children and Adults at Risk
- Equality and Diversity in Coaching Bowls
- Sports Science including Bowls Ballistics
- Warm ups, cool downs and exercises to support Bowls
- Treatment and Management of Injury
- Diet and Nutrition
- Drugs in Bowls
- Venue Risk Assessment
- Coaching Session Plans
- Bowls Technical Information
- Types of Shot
- Decision Making, Communication and Tactical Activities

The cost of the course is **£220**

### *Who can apply?*

#### *Level 1*

Any club volunteer aged 15+ (16+ for certification).

Any Level 1 Coach from another sport who also has a background in Bowls can also apply for Recognition of Prior Learning to be eligible.

Any current Level 1 Coach from all current accreditation schemes may choose to complete the BDA Level 1 qualification.

#### *Level 2*

Any current Level 1 Coach from all current accreditation schemes

Any current EBCS (English Bowls Coaching Scheme) Level 2 and EBCS Level 3 coach can go straight to the Level 2 Course without obtaining the BDA L1 Qualification, providing that the EBCS Certificate is dated before 1st January 2016

#### *Both Levels*

Any individual who is a member of an Affiliated Club of the EIBA can apply for financial assistance towards the cost of the Bursaries. The maximum funding available through the Bursary scheme is 50% of the cost of the Course with maximum of three members per affiliated Club.

*On a case-by-case basis, we will consider:*

- *An additional THREE Applications, supported by a brief explanation as to how the extra 3 coaches will be used. We would hope that Clubs will seek Bursaries across all of the Grades (level 1, level 2)*
- *Additional Bursaries will be considered depending upon the availability of Funds and sight of your Clubs “Clubs Sports Development Plan” showing how the Coaches will be utilised.*
- *25% Bursaries for Applicants who have already received an Award will also be considered on a case-by-case basis*

Must be a BDA Coach Bowls Member see *Coach Bowls - Membership Scheme page 7*

## 2 Play Bowls Activator Module

The purpose of this 4-hour Play Bowls Activator Module (formally Play Bowls Introductory Module) is to equip both new and existing coaches and volunteers with some basic knowledge, information and skills to offer a fun, informal and relaxed introduction to the sport of Bowls.

A new bowler's first impression of the sport is often the difference between them taking up membership of the club or not.

This course will provide you with:

- Skills to welcome any new bowler into your club
- Confidence to organise an entertaining, relaxed and an enjoyable introductory session
- Ability to create a positive lasting impression



The cost of the course is just **£35**

For more information or to book your place on a course please visit <https://online.coachbowls.org/bookonline> or contact the **Bowls Development Alliance** office on 01664 777001 or email: [courses@playbowls.org](mailto:courses@playbowls.org)

### *Who can apply?*

Any individual who is a member of an Affiliated Club of the EIBA can apply for financial assistance towards the cost of the Bursaries.

The maximum funding available through the Bursary scheme is 50% of the cost of the Course with maximum of three members per affiliated Club per year between 1<sup>st</sup> December and 30<sup>th</sup> November.

## 3 Working with Disabled People in Bowls

This 4-hour module includes both practical and theory aspects to working with bowlers who may have a disability.

The theory elements of the workshop look predominantly at inclusive coaching regardless of the disability of the individual and covers the basics of working with a variety of different types of disability.

By the end of the workshop coaches and club volunteers will be able to:

- Reflect on past experiences and recognise and share best practice
- Make appropriate modifications, adaptations and progressions to a planned session to include all participants
- Explore the participant pathway for disabled participants within bowls



The workshop focuses on looking at WHY people with a disability play bowls; WHAT our coaching should look like; WHAT makes an inclusive coach; HOW to adapt and personalise our coaching sessions; HOW to communicate effectively.

Using real case studies from bowlers with various disabilities and impairments including social bowlers, club members and even Commonwealth Games medallists.

The cost of the course is just **£35**

For more information or to book your place on a course please visit <https://online.coachbowls.org/bookonline> or contact the **Bowls Development Alliance** office on 01664 777001 or email: [courses@playbowls.org](mailto:courses@playbowls.org)

### *Who can apply?*

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## 4 Safeguarding

Safeguarding is the action that is taken to promote the welfare of children and protect them from harm, which means protecting them from abuse and ensuring they grow up with the provision of safe environment.

These courses are to raise awareness to you and gives a clear understanding of how to recognise, report and record concerns about a child's welfare and respond with the appropriate actions.

There are two options



### Option 1 - Safeguarding and Protecting Children with sportscoachUK

This 3-hour workshop will: -

- identify and recognise good coaching practice and child protection
- Recognise and respond with the appropriate actions to the signs and symptoms of child abuse and poor practice.
- Explore your values and feelings in relation to child abuse, and recognise their potential impact on your response
- Give you the tools and confidence you need to deal with any issues sensitively, appropriately and effectively should the need ever arise.

Available through your County Sport Partnership (CSP) [http://www.eiba.co.uk/csp/csp\\_summary.php](http://www.eiba.co.uk/csp/csp_summary.php)

This is designed for Club Volunteers including Coaches and Club Welfare Officers

### Option 2 - Safeguarding in Bowls - "Time to Listen"

Time to Listen is a training programme developed by the Child Protection in Sport Unit (CPSU) specifically for people who have a designated role in safeguarding within a sports setting. Time to Listen is a 3-hour workshop for Club Welfare Officers (CWO).

Provides information on the roles and responsibilities for a Club Welfare Officer. This course has been tailored to included bowls specific case studies and is mainly for Club Welfare Officers.

The workshop will:

- describe how a club welfare officer works with others to create a child centred environment
- explain how the club welfare officer role fits into the wider safeguarding environment
- apply learning to case studies including sharing good safeguarding practice

### Who can apply?

Any individual who is a member of an Affiliated Club of the EIBA can apply for financial assistance towards the cost of the Bursaries.

The maximum funding available through the Bursary scheme is 50% of the cost of the Course with maximum of three members per affiliated Club per year between 1<sup>st</sup> December and 30<sup>th</sup> November.

### How do I apply?

Applicants must complete the EIBA Bursary Application form, which needs to be approved by their Club's Chairman or Secretary before submission to the EIBA Head Office.

### What is the approval process?

Applications will be considered by the EIBA's Development Panel every two weeks.

All applicants will be informed of the decision within 3 days of the Panel meeting. The decision of the EIBA Development Panel on all applications will be final and no correspondence will be entered into.



## How will the Bursary be paid?

50% of the Level 1 & Level 2 coaching course fee will be paid directly to the applicant that paid the course fee, following confirmation from Sport Structures that the Course has been successfully completed.

50% of the Play Bowls Activator Module & Working with Disabled People course fee will be paid directly to the Applicant on receipt of a copy of their certificate

50% of the Safeguarding course fee will be paid directly to the applicant that paid the course fee, on receipt of a copy of their certificate.



## Are there additional funding opportunities from other sources?

Applicants are encouraged to contact their County Sports Partnership (CSP) for details of additional funding that may be available to cover the cost of the course, either in full or in part.

See overleaf for further details.

## EIBA Bursary Application Forms.

These can be obtained by downloading from the EIBA website at [www.eiba.co.uk/downloads/downloads.php](http://www.eiba.co.uk/downloads/downloads.php) or telephone 01664 481900 for a paper copy.

## I have a query which is not covered within this document?

Please contact the EIBA on 01664 481900

or e-mail [enquiries@eiba.co.uk](mailto:enquiries@eiba.co.uk)



## “Coach Bowls” Membership Scheme

Full details can be found at <http://coachbowls.org/membership/coach-bowls-membership-scheme>



The BDA “Coach Bowls” Membership scheme provides insurance, support and benefits to all levels of coaching, whatever code you coach.

By joining the BDA Coach Bowls Membership scheme, you are actively supporting all of the work we do, helping invest in the development of Bowls coaching, supporting the future of the sport from grass roots to elite.

**Please note All Coaching courses include BDA Coach Bowls Membership**

## Course Dates and Costs

<http://coachbowls.org/>

The screenshot shows the Coach Bowls website with the following elements:

- Coach Bowls Logo:** A stylized red and white figure bowling, with the text "Coach Bowls" and "A world class coaching system for all".
- Navigation Menu:**
  - Courses:** Play Bowls Activities (Level 1, Level 2), Working with Disabled People in Bowls.
  - Membership:** Coach Bowls Membership Scheme, Join Online.
  - Merchandise:** Coach Bowls Merchandise, Order Online.
  - Find a Coach:** Find a Coach.
- Image Gallery:** Four images showing a bowling club meeting, people on a bowling green, two white polo shirts with the Coach Bowls logo, and a white figure holding red binoculars.
- Search Interface:** A search bar with the text "Latest - Courses & Shop (exp Level 1)", a search input field, and filters for "All Dates" and "All - Event Types". Below the search bar, there are "Featured Events" with small event cards.

## Other Funding Sources

County Sports Partnership	 <p>COUNTY SPORTS PARTNERSHIPS Bringing sport into the community</p>	<p>County sports partnerships are networks of local agencies committed to working together to increase the number of people taking part in sport and physical activity.</p> <p>They help deliver Sport England programmes on a local level.  <a href="http://www.eiba.co.uk/csp/csp_summary.php">http://www.eiba.co.uk/csp/csp_summary.php</a></p>
	 <p>sport structures</p>	<p><a href="http://www.sportstructures.com/landing_page.asp?section=000100010029&amp;sectionTitle=Our+Resources">http://www.sportstructures.com/landing_page.asp?section=000100010029&amp;sectionTitle=Our+Resources</a></p>
SportsCoach UK	 <p>sports coach UK</p>	<p><a href="http://sportscoachuk.org/resource/funding-coaching-guide">http://sportscoachuk.org/resource/funding-coaching-guide</a></p>
Bowls England	 <p>BOWLS ENGLAND</p>	<p><a href="http://www.bowlsengland.com/for-bowlers/coaching-bursary">http://www.bowlsengland.com/for-bowlers/coaching-bursary</a></p>

Disclaimer - Every effort has been made to ensure the accuracy of the information contained in this guidance note. The English Indoor Bowling Association Ltd (EIBA), its servants or agents shall not at any time, in any circumstances, be held responsible or liable to any party in respect of any loss, damage or costs of any nature arising directly or indirectly from reliance placed on the material in this guidance note, or any other guidance notes issued by the EIBA This information has been prepared as a basic guide only and should not be viewed as a substitute for obtaining comprehensive expert or professional advice.