## **Isca Bowls** SOCIAL AND BEGINNERS GROUP





## **NEW SIX WEEK COURSE -**WEDNESDAYS 9:30 - 11:30am

- 13th February 2013
- 20th February 2013
- 27th February 2013
- 6th March 2013
- 13th March 2013
- 20th March 2013



## Looking for a new activity to keep you busy and active? Wanting to get out and meet new people? **Come to Isca Bowls Social and Beginners Group!**

- Dedicated coaches to introduce you to the game
- Fun, sociable activity suitable for all levels of fitness
- Only £2.00 per session
- Session includes refreshments and socialising
- Transport may be available if required (contact Sarah at Westbank details below)
- Places may be available on the day but booking is advised





To find out more or to book a place please contact Sarah Bird on 01392 824752 (option 2) or e-mail s.bird@westbankfriends.org. Or email coach Maddie Bexon on mb1950@tesco.net.

The Isca Centre, Summer Lane, Whipton, Exeter, EX4 8NT (01392 462833)





