

Coach BOWLS are delighted to offer coaches a new format for the Level One Award in Coaching BOWLS. This new format provides coaches to complete the theory aspects of the course before their practical, from the comfort of their own home via Zoom (face to face options will become available).



The practical day will then follow, meaning coaches will be more prepared for their day on the green with their tutor.

The knowledge gained from this qualification ensures coaches have developed an understanding of safe, ethical and effective bowls coaching. It also enables coaches (who are aged over 18) to deliver pre-prepared sessions provided by Coach BOWLS.

The course is 2 online modules plus one full day practical. It is followed by an independent assessment (either via Zoom or face to face). The cost for the course remains at £130. Bursaries for coaches that successfully complete the course are available from the relevant National Governing Body (via an application process).

This qualification is delivered in partnership with 1st 4 Sport Qualifications (Awarding Body) and gives an externally accredited Nationally recognised qualification (regulated by OfQual). It is the only Nationally Recognised Level One Qualification for the sport of BOWLS in England and is wholly supported by Bowls England, EIBA Ltd, BCGBA and ESMBA.

Topics covered include:

- Roles and Responsibilities
- Safeguarding (overview)
- Health, Safety, Accidents
- Planning and evaluating
- Coaching a Beginner
- Delivery
- Warm ups / Cool downs
- Working with the Jack
- Line
- Length
- Basic shots



Who is eligible to apply?

- Any club volunteer aged 15+ (16+ for certification).
- Any Level 1 coach from another sport who also has a background in BOWLS can also apply for Recognition of Prior Learning to be eligible.
- Any current Level 1 Coach from all current accreditation schemes may choose to complete the Coach BOWLS Level 1 qualification.