

# Safeguarding Bulletin

May 2026

## This Month's Focus – Adult Safeguarding Categories of Harm

### Financial or material abuse

#### What is it?

Financial abuse is when someone improperly uses, controls, pressures, or exploits another person's money, belongings, or financial decisions for their own benefit.

Within a sports club, this can involve taking advantage of a person's trust, vulnerability, position, or dependence.

#### Examples may include:

Pressuring someone to pay fees or expenses they do not understand or cannot afford

Misusing club funds or someone else's money

Taking money, bank details, or belongings from a member

Coercing someone into making purchases, donations, or payments

Exploiting an adult at risk financially through transport, coaching, competitions, or social activities

Fraud, scams, or unauthorised use of accounts or fundraising money

Manipulating someone into lending money or paying for others repeatedly

**Concerns should always be taken seriously, recorded appropriately, and reported in line with the club's safeguarding or disciplinary procedures.**

## Key Dates in May

### Mental Health Awareness Week

11-17<sup>th</sup> May

Whether you're looking for a quick boost or something to help form long-term healthy habits, there are lots of actions you can take today to improve your mental health.

<https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week>

### Dementia Action Week

18-24<sup>th</sup> May

Dementia Action Week is an awareness campaign led by Alzheimer's Society, bringing people and organisations together to act on dementia.

<https://www.alzheimers.org.uk/get-involved/dementia-action-week>

### National Hoarding Awareness Week

11-15<sup>th</sup> May

Hoarding Awareness Week (HAW) takes place 11th - 15th May 2026 and aims to raise awareness of hoarding behaviour as a complex mental health and safeguarding issue, not simply a lifestyle choice.

Hoarding can significantly affect a person's health, safety, dignity and independence and can place others at risk.

<https://content.govdelivery.com/accounts/UKCUMBERLAND/bulletins/4153203>

